## **Limited Purpose Flexible Spending Account (LPFSA)**

Limited Purpose Flexible Spending Accounts (LPFSAs) allow you to set aside money from your paycheck on a pre-tax basis to pay for dental and vision care expenses.

Here's how it works. If you are enrolled in a High Deductible Health Plan (HDHP), with a Health Savings Account (HSA) to which you or your employer contributes, you are eligible to participate in a LPFSA. That means you can participate in both a HSA and a LPFSA in order to maximize your tax savings.

While your HSA can be used to pay all types of medical expenses, your LPFSA funds can be used to pay for dental and vision expenses as follows:





## Dental Care -

Cleanings, x-rays, fillings, crowns, bridges, dentures, implants, orthodontia, mouth guards, prescriptions for dental care, etc.

## Vision Care -

Eye exams, eyeglasses, prescription sunglasses, over-the-counter reading glasses, contact lenses & solutions, LASIK surgery, prescriptions for vision care, etc.

*Tip:* Plan carefully to preserve the value of both accounts by using your HSA funds as a way to save and invest for future health care expenses. Then, just use your LPFSA to pay for qualified vision and dental care expenses you incur each year.

And remember that all expenses must be qualified medical, vision, pharmacy or dental benefit expenses as defined in Section 213(d) of the Internal Revenue Code.

## Some things to remember -

Your LPFSA election is fixed once your employer's open enrollment period has closed, so please take your time when determining your annual election. The LPFSA account is a year-to-year commitment, and you will want to spend all funds you have set aside each year. Also, if you are married and your spouse is contributing to a HSA through his/her employer you are eligible to participate in the LPFSA.

Unused funds are forfeited. But don't let this keep you from participating! You can avoid forfeitures by planning carefully and setting aside money only for predictable and recurring expenses that you know you will have. So, take your time and make an informed decision regarding how much to set aside in your LPFSA.

This information is provided as an overview only. Be sure to check your employer's specific plan provisions for any variances.



